



Inklings

Inklings is a program to help babies who communicate and play differently to other babies who are the same age



The words **we** and **us** in this book mean Inklings.

Hard words



This book has some hard words.



The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.



About this book



This book is written by Inklings.

Inklings is a program to help babies who **communicate** and play differently to other babies who are the same age.



Communicate means

- making sounds



- smiling



- crying



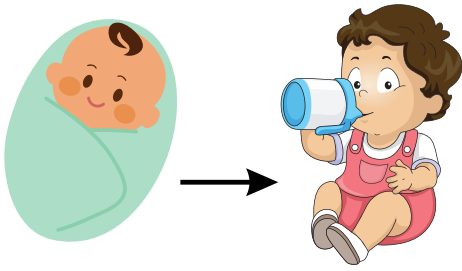
- talking



- using gestures like pointing or waving.

This book is about Inklings.

Who is Inklings for?

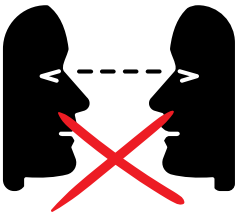


Inklings is for babies who are 6 to 18 months old.

It is for babies who behave in some of the ways listed below.



- Your baby is **not** smiling back at you



- Your baby is **not** using eye contact to get your attention



- Your baby is **not** responding to their name



- Your baby is **not** copying your actions



- Your baby is **not** pointing to show you things

Who is Inklings for?

It is for babies who behave in some of the ways listed below.



- Your baby is **not** doing other things that you thought they would do at their age



- Your baby is communicating or playing in a way that worries you.

What is the Inklings program?



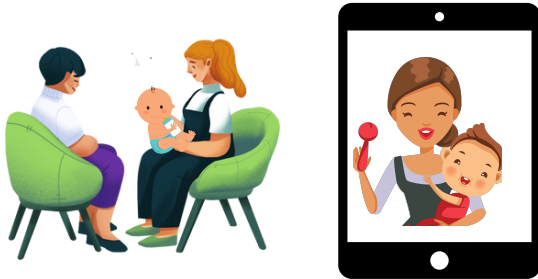
The Inklings program uses short videos of a caregiver playing and communicating with their baby.



A **caregiver** is someone who looks after the baby.

The program has 10 sessions.

Each session is held every 2 weeks.



Sessions are held in 1 of our rooms or via **telehealth**.



Telehealth is when you hold a session through a video call using a computer, **tablet** or phone.

A tablet is a small, flat computer like an iPad.

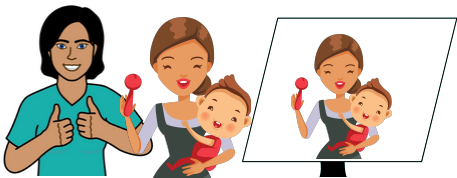
What is the Inklings program?

The steps of each session are listed below.



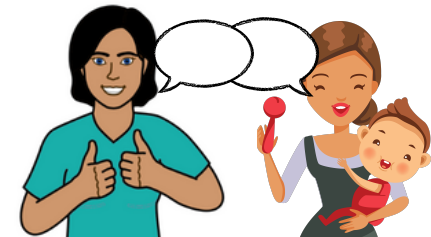
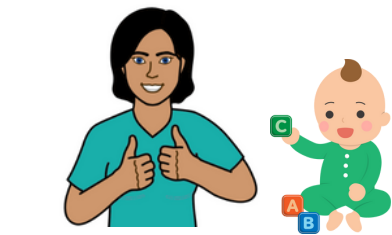
- A short video of you playing and communicating with your baby will be recorded

This video will be around 5 minutes long.



- You will watch this video with one of our **practitioners**

Our practitioners are workers who know a lot about how babies play and communicate.



- You will talk with our practitioner about how your baby plays and communicates in the video

This will help you to understand the different ways that your baby plays and communicates.



- You will learn how to play and communicate in ways that are best for your baby.

Who provides the Inklings program?



The program is provided together by

- the NDIS



- Telethon Kids Institute



Government of **Western Australia**
Child and Adolescent Health Service

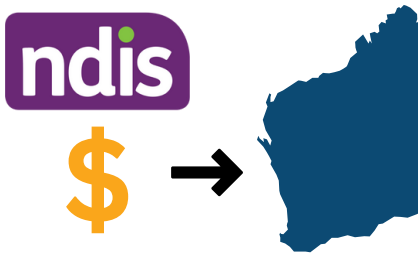
- Child and Adolescent Health Service



Government of **Western Australia**
WA Country Health Service

- WA Country Health Service.

Who pays for Inklings in Western Australia?



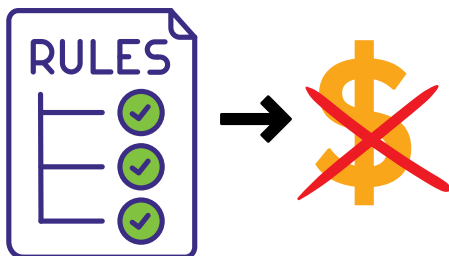
The Inklings program is paid for by the NDIS for **eligible** families who live in Western Australia.



Eligible means that you meet the rules for taking part in the program.



You can contact us to see if you are eligible to take part.



If you are eligible to take part you will **not** have to pay any money.

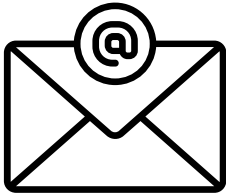
How to find out more information



- Look at our website
www.inklings.org.au/wa



- Call us on (08) 6319 1155



- Email us at
inklings@telethonkids.org.au

About this book

This book helps you understand what Inklings is.



Easy English Australia wrote this book in January 2024.

Boardmaker.

We use pictures from

- Boardmaker by Tobi Dynavox

Canva

- Canva.