



# Questions and answers about Inklings

The words **we** and **us** in this book mean Inklings.

## Hard words



This book has some hard words.



The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

## You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.



## About this book



This book is written by Inklings.

Inklings is a program to help babies who **communicate** and play differently to other babies who are the same age.



Communicate means

- making sounds



- smiling



- crying



- talking



- using gestures like pointing or waving.

This book is about Inklings.



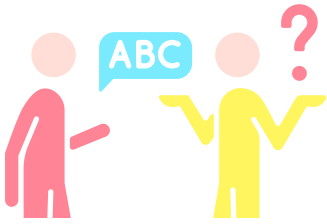
## How do I get help to fill out forms for Inklings?

To get help to fill out forms you can



- call us on (08) 6319 1155

## How do I get help in a different language?



We offer a free **interpreter** service for people who **do not** speak English.



Interpreter service means getting someone to help you talk if you **do not** speak the same language.



To use the interpreter service call us on  
(08) 6319 1155

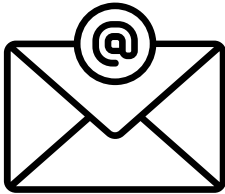
## How to contact us



- Look at our website  
[www.inklings.org.au/wa](http://www.inklings.org.au/wa)

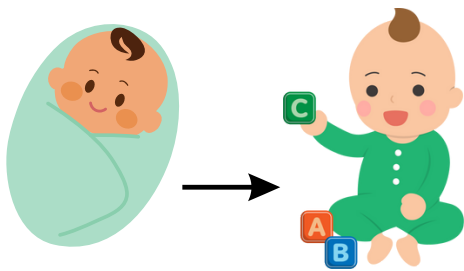


- Call us on (08) 6319 1155



- Email us at  
[inklings@telethonkids.org.au](mailto:inklings@telethonkids.org.au)

## Who is Inklings for?

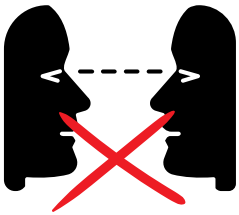


Inklings is for babies who are 6 to 18 months old.

It is for babies who behave in some of the ways listed below.



- Your baby is **not** smiling back at you



- Your baby is **not** using eye contact to get your attention



- Your baby is **not** responding to their name



- Your baby is **not** copying your actions



- Your baby is **not** pointing to show you things

## Who is Inklings for?

It is for babies who behave in some of the ways listed below.



- Your baby is **not** doing other things that you thought they would do at their age

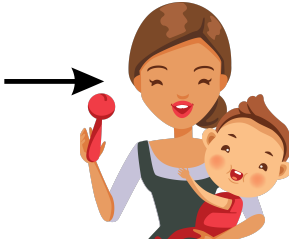


- Your baby is communicating or playing in a way that worries you.

## What is Inklings?



Inklings uses short videos of a **caregiver** playing and communicating with their baby.



A caregiver is someone who looks after the baby.



The program has 10 sessions.



Each session is held every 2 weeks.

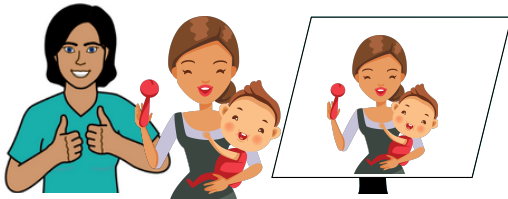
## What is Inklings?

The steps of each session are listed below.

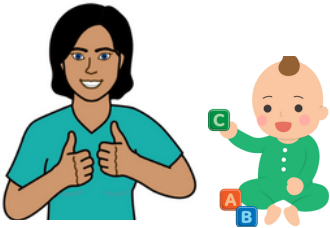


- A short video of you playing and communicating with your baby will be recorded

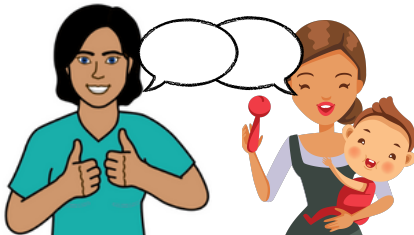
This video will be around 5 minutes long.



- You will watch this video with one of our **practitioners**



Our practitioners are workers who know a lot about how babies play and communicate.



- You will talk with our practitioner about how your baby plays and communicates in the video

This will help you to understand the different ways that your baby plays and communicates.



- You will learn how to play and communicate in ways that are best for your baby.



## What is good about Inklings?

Inklings helps caregivers to understand the different ways that their baby plays and communicates.



They will learn how to play in ways that are best for their baby.



They will learn how to communicate in ways that are best for their baby.

This will help the caregiver and their baby to play and communicate in a fun way.



This will help their baby to learn how to communicate and be with others.



## How long does Inklings take?

The program has 10 sessions.



Each session is 1 hour.



Each session is held every 2 weeks.



The program is done in 6 months.

## Where is Inklings held?



Sessions can be held

- in 1 of our rooms



Our rooms are in different places around Perth and Western Australia.



- via **telehealth**

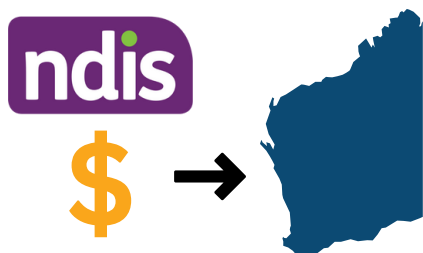
Telehealth is when you hold a session through a video call using a computer, **tablet** or phone.

A tablet is small, flat computer like an iPad.



- in your own home.

## How much does Inklings cost?



Inklings is paid for by the NDIS for **eligible** families who live in Western Australia.



Eligible means that you meet the rules for taking part in the program.

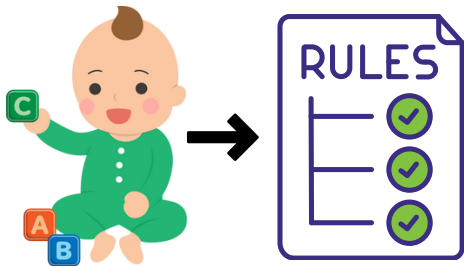


You can contact us to see if you are eligible to take part.

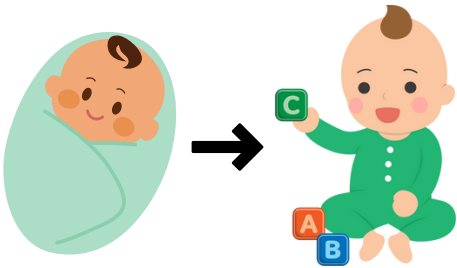


If you are eligible to take part you **will not** have to pay any money.

## How do I know if my baby can take part?



Your baby must meet the rules for taking part in the program.



These rules include

- your baby must be between 6 and 18 months old at the start of the program



- families must live in Western Australia for the whole program.



You must also show that it would be good for your baby to take part in the program.

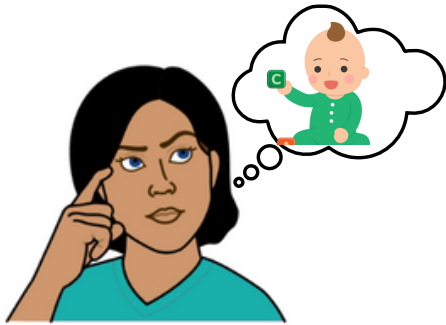


We will ask you some questions about your baby to work out if Inklings would be good for them.

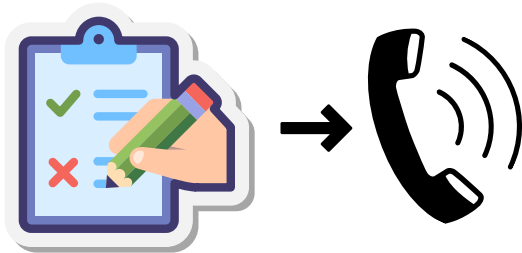


## How do I know if my baby can take part?

We will ask you these questions on a form.



Your answers will help us to work out if your baby might be slower or different to other babies in how they communicate and play.



To get help to fill out the form you can call us on (08) 6319 1155

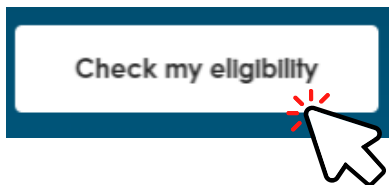
## How do I sign up for Inklings?

To sign up for Inklings

- Look at our website



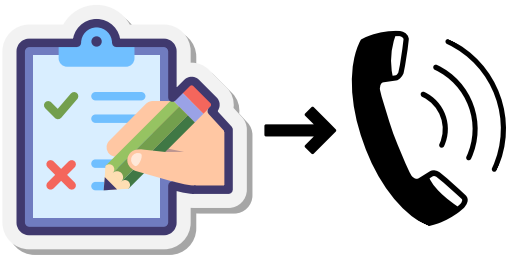
[www.inklings.org.au/wa](http://www.inklings.org.au/wa)



- Click on the button that reads  
Check my eligibility



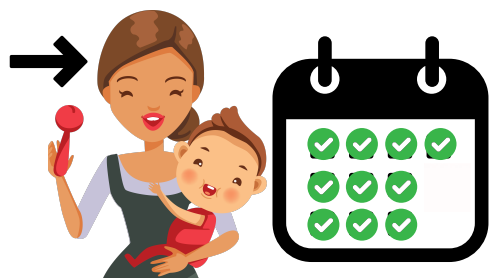
- Fill out the form.



To get help to fill out the form you can call us  
on (08) 6319 1155.

We will look at the form and will let you know  
what to do next.

## Who needs to go to the sessions with the baby?



The same caregiver **must** attend each session.



This person **must** be able to attend all of the sessions.



We think it is good if another person who looks after the baby can also come to the sessions.

## What is the best way to attend the sessions?

It **does not** matter where you take part in the sessions.

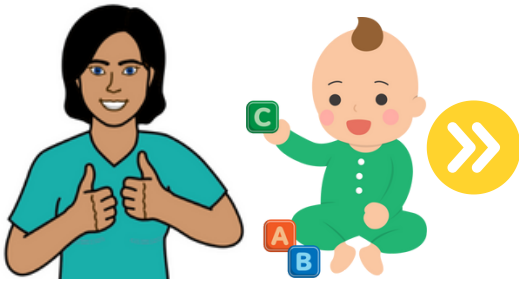


The program is the same

- at an Inklings place
- via telehealth.



## What happens at the end of the Inklings program?



We will work with you to decide what your baby should do next.



We will give you written information about

- how your baby communicates and plays



- what we have agreed your baby should do next.

## About this book

This book helps to answer questions about Inklings.



Easy English Australia wrote this book in January 2024.

**Boardmaker.**

We use pictures from

- Boardmaker by Tobi Dynavox

*Canva*

- Canva.