



Contact Us

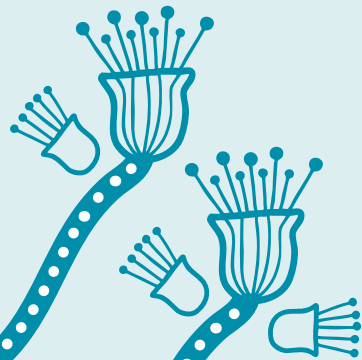
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Inklings Program

A program to support babies 6-18 months showing early differences in how they communicate and relate with others.



The early years

A baby's brain develops rapidly in the first years of life, and these early experiences shape the foundation for learning, communication, and wellbeing.

Early support, informed by decades of research, equips families to respond to each child's unique cues, giving every child the best start.

The Inklings Program was created to sit in this space - recognising both the extraordinary importance of early relationships and the reality that caregivers sometimes need support to make sense of their baby's communication.

The Inklings Program

Developed by The Kids Research Institute Australia, the Inklings Program supports babies aged 6–18 months who are beginning to show early differences in how they communicate and connect with others.

The program is grounded in long standing evidence showing that warm, responsive caregiver interactions in the early years play a major role in shaping later outcomes.

Over 10 sessions delivered across 6 months, caregivers collaborate with a trained practitioner using video-based observation tools. This helps them notice, interpret, and respond sensitively to their baby's cues strengthening connection and supporting overall wellbeing.

Centred on children, families, and connection

The earliest years of life lay the foundation for lifelong learning, wellbeing and participation.

The Inklings Program helps caregivers "pause, notice, and respond" to their baby's cues, focusing on connection and insight rather than correction or surveillance.

The program is strengths focused, neurodiversity-affirming and delivered flexibly in environments meaningful to the family.

Quotes from Caregivers

"I didn't really think I'd get much out of the program but I was definitely wrong. You basically get to play with your kid and then get feedback. I was presented with really helpful feedback and skills that has improved my interaction with both of my kids. I understand Inklings is targeted but I'd recommend it for all parents."

"Inklings was exactly what both my baby and I needed. It was so educational and supportive. Allowing us both to learn communication and grow our bond. I am very very grateful for the program."

"Inklings has been so helpful for us to understand our daughter better! We now recognise her subtle cues when engaging us to join in her play time, and she has now built in these and is much more obvious in expressing what she wants."

